



N.K.T.National College of Education for Women

(Autonomous)

Report on Cultural Events

2019-2020



Transforming Students to Global Educators


PRINCIPAL
N.K.T. NATIONAL COLLEGE OF EDUCATION
FOR WOMEN (AUTONOMOUS),
TRIPPLICANE, CHENNAI-600 005.

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The cultural activities enhance the confidence level of the students thereby allowing them to perform better. These activities help to develop personality and assist them to shape a good career. Students who participate in cultural activities are said to perform well in their academics too as they learn discipline, time-management and they learn to plan which will be highly useful in learning process.

Intercollegiate Extempore Elocution competition

The Intercollegiate extempore elocution competition was held on 2nd March 2020. There were 41 competitors who participated in the event. Intercollegiate occurs between different colleges. Elocution is a public speaking program or event in which one talks about his memory whereas extempore is also a public speaking event where one talks about a topic given on spot. Mrs. Ramya Ashok, Chairman, Ramyam Educational & Charitable Trust, Chennai judged the competition and announced the winners

Winners: I Place-S. Divya Bharathi, Loyala College of Education, Chennai.

II Place-P.S. Anuradha, NKT National College of Education for Women, Chennai

III Prize: N. Dhinakara, Institute of Advanced Study in Education, Saidapet, Chennai

Special Prize: S. Nivedha, Lady Willington Institute of Advanced Study in Education, Chennai.

Traditional Competition

The traditional dance competition was held on 02.03.2020. There were 24 competitors who participated in the event. Traditional Social Dancing is a total activity – it involves body, mind, spirit and feeling.


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It is personal, intimate, communicative, social and public. It is creative / spontaneous / individual and structured / coordinated / conventional.

It helps to know what kind of culture they have. To know how beautiful their traditional dances are.



Solo Singing Competition

The solo singing was held on 02.03.2020. There were 13 competitors who participated in the event. In music, a solo (from the Italian: solo, meaning alone) is a piece or a section of a piece played or sung featuring a single performer, who may be performing completely alone or supported by an accompanying instruments. It helps to Relieves stress. Singing appears to be a stress-reliever, Stimulates the immune response, Increases pain threshold, May improve snoring, Improves lung function, Develops a sense of belonging and connection, Enhances memory in people with dementia, Helps with grief. It has more practical benefits as students turn more passionate and confident.


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Dance Competition

Students of our College exhibited their capability to dance to the songs of various genres. The students danced to the song and showed a lot of expressive reaction which was highly enjoyable. As students shriek to do individually group dances were encouraged. Traditional dance form was taken to be theme and all the groups of students made an attempt to choose traditional dance form. Karagattam was exhibited by many groups showcasing their talent to dance with karagam on their head, pick objects on ground with karagam on heads, to dance standing on a mud pot were the various forms performed by students.


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Cultural activities facilitates the holistic development of students thus, they no longer remain bookworms. Develops in them team spirit and responsibility in students. All the events were so exciting and the entire audience enjoyed very much. The students of the College thanked the Management and the Principal for this wonderful programme and they assured it will perfect their academic career.


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