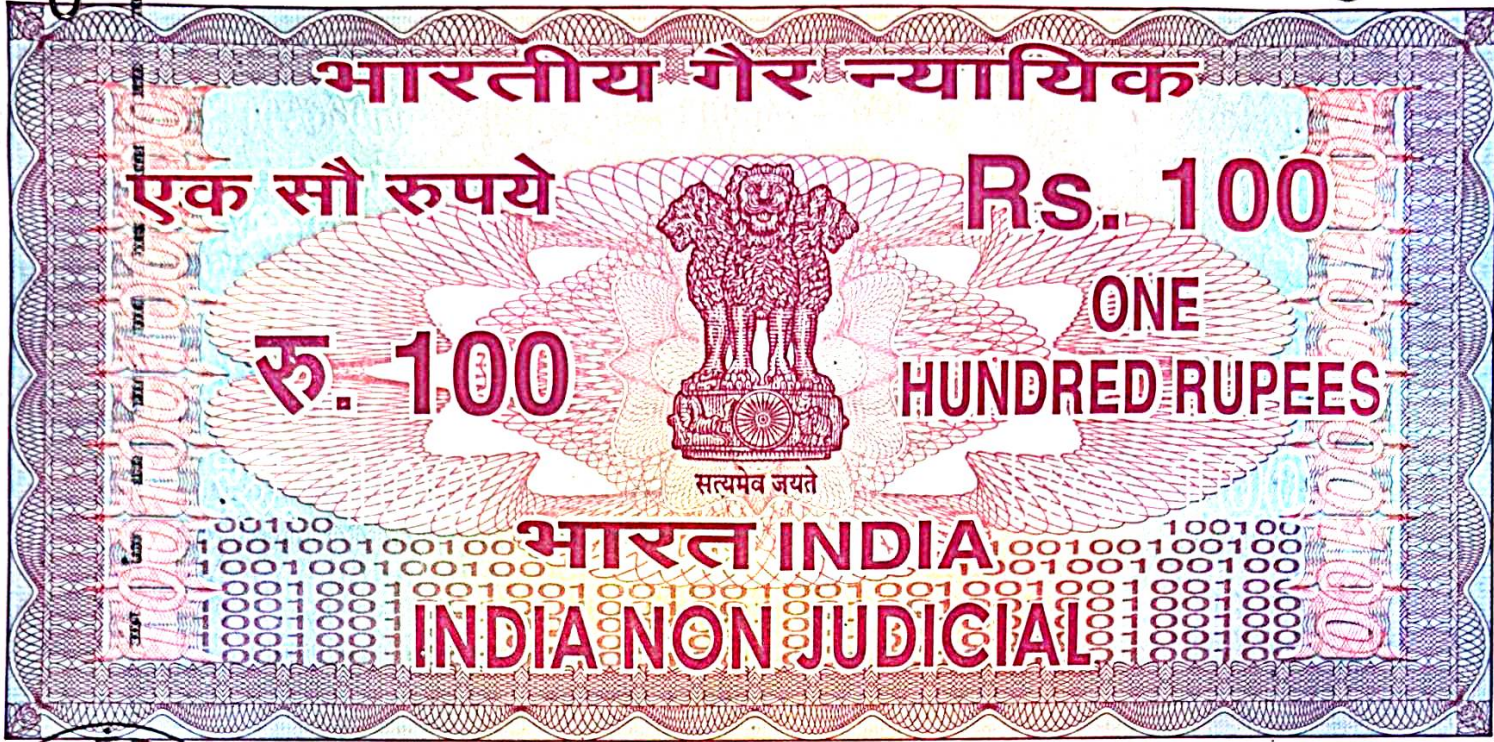


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தமிழ்நாடு TAMILNADU 27/08/24  
DIGITAL SAPIENS FOUNDATION

DC 271786  
**K. CHANDRASEKAR**  
Stamp Vendor  
L.No: 1057-16/27/2021  
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**DIGITAL WELLBEING CENTER - PROJECT**  
Memorandum of Understanding (MoU) Between

Digital Sapiens Foundation  
And

**N.K.T. National College of Education for Women**

This Memorandum of Understanding (MoU) is entered into on this day (28/8/2024), between Digital Sapiens Foundation, Nungambakkam, Chennai  
Reg No : 45/2023 [www.digitalsapiens.in](http://www.digitalsapiens.in)

&

N.K.T. National College of Education for Women,  
41/21, Dr. Besant Road, Triplicane, Chennai <https://nktnce.ac.in/>

This Memorandum of Understanding (MoU) is entered into by and between Digital Sapiens Foundation, Nungambakkam, Chennai (hereinafter referred to as the "First Party") to establish and operate a Digital Wellbeing Center in (hereinafter referred to as the "Second Party"). The Center will function in the N.K.T. National College of Education for Women, Chennai which is the part of the Second Party. The Center will focus on promoting digital wellness among students, teachers, and parents of the College and others stakeholders through various activities and initiatives.

## **ABOUT THE PARTIES**

### **Digital Sapiens Foundation**

The Digital Sapiens Foundation is a Non-Governmental Organization committed to promoting the holistic wellbeing of young people in Tamil Nadu. Through education, support, and advocacy, our mission is to create a healthier, more balanced digital generation while fostering social wellbeing within communities.

We focus on raising awareness about digital wellbeing by addressing issues such as internet addiction and excessive smartphone usage among youth. Our goal is to equip individuals with the tools needed to lead mindful and balanced lives in the digital age. To achieve this, we conduct awareness sessions in schools, colleges, and workplaces on these critical topics.

### **N.K.T. National College of Education for Women**

N.K.T. National College of Education for Women, established in 1966 and granted Autonomous Status in 1988 by the University Grants Commission, has grown into a leading Institution of higher learning, dedicated to Excellence in Academic and Research endeavors. Recognized with a Five Star status in the First Cycle of NAAC in 2001, 'A Grade' in the Second Cycle in 2011 and A+ Grade in the Third Cycle in 2023, the College has continually pursued academic advancement.

With its expansion to postgraduate and research levels in the 1980s, the College places a strong emphasis on teaching and research, shaping its core strength. Committed to empowering women educators, N.K.T. aligns with its vision of fostering academic and research excellence in Teacher Education and School Education, while the Internal Quality Assurance Cell (IQAC) ensures that all academic programmes meet the global standards. The Institution remains dedicated to quality education, contributing to nation-building and driving social change through the development of future educators.

#### **1. Purpose**

The purpose of this Memorandum of Understanding (MoU) is to establish a collaborative agreement between [First Party] and [Second Party] for the creation and operation of a Digital Wellbeing Center within the premises of the Second Party. The first party is the core team and it is headed by Dr. Nidhya Balasubramanian. First Party will establish the center on the premises and core team behind concept. This center will serve as a dedicated space to promote digital wellness, raise awareness about the risks associated with technology overuse and addiction, and provide resources to help students and adolescents manage their digital habits effectively. Through this partnership, both parties aim to foster a healthier, balanced approach to technology usage among students and adolescents ensuring their well-being and academic success.

## **2. Scope of Collaboration**

The First Party agrees to create and oversee a Digital Wellbeing Center on the Second Party's premises. The center, which will be named accordingly, will focus on promoting digital wellness among students, raising awareness about technology addiction, the risks of excessive digital usage, and offering resources for managing digital habits. Students may visit the Center during their free time, and a designated Faculty member will be responsible for its management.

## **3. Roles and Responsibilities**

### **First Party (Digital Sapiens Foundation)**

#### **a. Establishment and Management:**

The First Party will establish and operate the Digital Wellbeing Center at N.K.T. National College for Education for Women, Chennai

#### **b. Inauguration and Orientation:**

The First Party will inaugurate the Center and conduct an Orientation Programme to explain its functions, goals, and benefits to the students and adolescent, parents, faculty, and staff. The Foundation will select few students and train them as digital well-being ambassadors.

#### **c. Monthly Seminars:**

The First Party will organize and Conduct seminars every month focused on topics such as digital wellbeing, technology addiction, responsible digital usage, awareness on dark web crimes and cyber safety.

#### **d. Assessments and Competitions:**

- The First Party will conduct regular assessments to gauge the digital wellbeing of students using applications, questionnaire and organize competitions aimed at promoting mindful technology usage and engagement with the center's activities. To conduct activities first parties will invite guests and organizers to the premises.

#### **e. Sessions for Teachers and Parents:**

- The First Party will hold special sessions for teachers and parents on the impact of technology addiction, providing tools and strategies for managing it effectively.

#### **f. Cybercrime Awareness:**

- The First Party will conduct awareness sessions on cybercrime, focusing on preventive measures and promoting safe online practices among students and adolescent, teachers, and parents.

#### **g. Counseling Recommendations:**

- In cases where chronic or severe digital addiction or any cyber victimization is identified among students, the First Party will recommend appropriate counseling services to support their recovery with the consent of the parents.

#### **h. Funding and Expenses:**

- The First Party will cover all expenses related to the activities of the Digital Wellbeing Center through donations, sponsors and Corporate Social Responsibility (CSR) funds.

- If any costs exceed the budget planned by the First Party, the Second Party will be responsible for covering the additional expenses.

#### **i. Training of Staff and Student Ambassadors:**

- The First Party will train a designated staff member (hereinafter referred to as the "Staff In-Charge") and selected student ambassadors appointed by the Second Party. These individuals will be trained to execute and manage the day-to-day operations and activities of the Digital Wellbeing Center under the guidance of the First Party.

#### **j. Sponsors**

The First party will incorporate the brand names since the fund is generated from CSR and donations and in case of Individual. We will invite the guest of honor for major events.

### **Second Party (N.K.T. National College of Education for Women)**

#### **a. Facilities:**

- The Second Party will provide the necessary space [ Min 10 x 12 Room] and infrastructure for the Digital Wellbeing Center on its campus.

#### **b. Support:**

- The Second Party will support the First Party in organizing and promoting the activities and initiatives of the Digital Wellbeing Center among students and adolescent, teachers, and parents.

#### **c. Staff In-Charge and Student Ambassadors:**

The Second Party will appoint a Staff In-Charge and select student ambassadors who will be responsible for the execution and management of the center's activities, following the training provided by the First Party.

#### **d. Collaboration:**

The Second Party will collaborate with the First Party in assessing the impact of the center's activities and providing feedback for continuous improvement.

#### **e. Duration**

This MoU shall remain in effect for a period of 1 Year from the date of signing, with the possibility of renewal upon mutual agreement by both parties.

f. Termination

Either party may terminate this MoU by providing a written notice at least 30 days in advance. Termination will not affect activities already in progress at the time of notice, which shall be completed as agreed.

g. Confidentiality

Both parties agree to maintain the confidentiality of any sensitive information shared during the course of this collaboration, unless otherwise agreed upon in writing.

h. Dispute Resolution

In case of any dispute arising out of this MoU, both parties agree to resolve the matter amicably through mutual consultation.

i. Amendments

Any amendments to this MoU shall be made in writing and signed by authorized representatives of both parties.

Signatures

For Digital Sapiens Foundation:

Name: Dr. B. Nidhya  
Designation: Founder Trustee  
Signature: Nidhya  
Date: 29.8.2024



For N.K.T. National College of Education for Women :

Name: DR. S. CHAMUNDESWARI  
Designation: PRINCIPAL  
Signature: [Signature]  
Date: 29.08.2024

